

## LOCAL RESOURCES

CATEGORY	ORGANISATION	PHONE	WEB SITE/EMAIL
ABORTION	Fertility Control Clinic. 586 Englehardt Street Albury NSW	02 6021 0077	<a href="mailto:clinic@fcc.com.au">Email: clinic @fcc.com.au</a> Dr David Oliver Email:
	Albury Central Medical Clinic. 566 Macauley Street Albury NSW	02 6021 5555	<a href="mailto:rec@alburycentralmedicalclinic.com.au">rec@alburycentralmedicalclinic.com.au</a>
ABUSE & ASSAULT	Domestic Violence Advocacy Service. Case work, Legal advice, advocacy	1800 200 526	
ACCOMODATION	Dept or Housing NSW, Grd Floor, 429 Swift St, Albury, 2640	02 6041 9666	
	Albury Supported Accommodation, 562 Macauley St, Albury	02 6021 6366	
	Homes Out West, 562 Macauley St, Albury	02 6021 8844	
	Rural Housing Network, 82 Hight St, Wodonga (Beyond Housing)	02 6055 9000	
ADOPTION	Community Services - Adoption. Monday to Friday 9.am to 4.30pm		<a href="http://community.nsw.gov.au">community.nsw.gov.au</a>
	NSW Family and Community Services - Open Adoption Holine	1800 003 227	
AGED CARE	Age Concern Albury/Wodonga, 432 Townsend St, Albury	02 6021 5122	
	Aged Care Assessment Team Mercy Hospital Albury	02 6042 1400	
	Community Options, 561 Englehardt St, Albury - Dementia support & respite	02 6051 3983	
	Home Care Services, Suite 1, 520 Swift St, Albury - Hume Branch	02 6021 7726	
	Hearing Problems	02 6041 2444	
	Low Vision, 566 Olive St, Albury - Vision Australia Foundation	02 6023 6611	
	<b>Seniors Information Service - Eltham Vic</b>	<b>13 12 44</b>	
		02 6022 9300 OR	
	Wodonga City Council, Meals on Wheels	02 6043 9867	
	CareLink Freecall	1800 052 222	
	<b>Connect Support, 3 Moorefield Park Dr, Wodonga ??</b>	<b>??02 6056 8512</b>	
	Veteran Affairs Network, 81 Hume St, Wodonga	02 6056 4321	
	Kirinari, 1A Footmark Crt, Wodonga	02 6056 2111	
	Kaliana, 749 Sackville St, Albury	02 6021 4832	
Hume Region Aged Care Assessment, 93 Templeton St, Wangaratta	03 5721 4933		
Upper Murray Family Care, 29 Stanley St, Wodonga	02 6055 8000		

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<b>ALCOHOL &amp; DRUGS</b>	Alcoholics Anonymous-Albury	02 6040 2095	
	Alcoholics Anonymous-Wodonga	02 6059 3381	
	Al Anon	02 6021 3829	<a href="http://www.al-anon.alateen.org/australia">www.al-anon.alateen.org/australia</a>
	Gateway Community Health	02 6022 8888	
	Family Drug Support, Leura NSW	1300 368 186	
	Alcohol Drug Information Service	1800 422 599	
<b>CANCER</b>	Cancer Council, 1/37 Thompson St, Wagga Wagga, NSW, 2650	02 6937 2600	
	Albury Wodonga Regional Cancer Centre, 201 Borella Rd East Albury NSW	02 6064 1600	<a href="mailto:info@AWCancerTrust.org.au">info@AWCancerTrust.org.au</a>
<b>CARERS</b>	Intereach Albury, 1/553 David St, Albury	02 6051 7800	
	Upper Murray Family Care, 29 Stanley St, Wodonga	02 6055 8000	
	Gateway Community Health (carer Support Programme) Inquires - Jacqui	02 6022 8888	
<b>COUNSELLORS</b>	Gwen Lavis-Marriage, Premarriage, Parenting, Personal Issues - Suite 212a Farrer House, 526 Swift St, Albury	0428 440 677	
	Mary Miles-Children, Families, Trauma, Grief & Loss - Wodonga	02 6056 1777	<a href="http://www.restorecounselling.com.au">www.restorecounselling.com.au</a>
	Restore Counselling Services-Help for the Hurting 379 Prune St, Lavington	0434 247 644	<a href="mailto:info@restorecounselling.com.au">info@restorecounselling.com.au</a>
	Albury Community Health Generalist Counsellors	02 6058 1800	
	Mustard Seed Counselling - Melrose Drive Wodonga	02 6056 2500	
<b>CRIME</b>	Police Albury	02 6023 9299	
	Police Wodonga	02 6049 2600	
	Crime Stoppers	1800 333 000	
<b>DEPRESSION</b>	Lifeline Albury-Wodonga	02 6021 1077	<a href="http://www.lifelinealburywodonga.org.au">www.lifelinealburywodonga.org.au</a>
	Post Natal - Mercy Hospital, 550 Poole St, Albury	02 6042 1400	
	Wodonga Hospital, Cnr Wilson & Vermont Sts, Wodonga	02 6051 7111	
<b>DISABILITY SERVICES</b>	NDIS - National Disability Insurance Scheme	1800800110	
<b>DISASTER RELIEF</b>	Red Cross - Regional Centre, 88 Murray St, Wagga Wagga	02 6937 3140	<a href="http://www.redcross.org.au">www.redcross.org.au</a>
<b>DOCTORS</b>	Dr Glen Mobilia, Jindera	02 6026 3203	
<b>DOMESTIC VIOLENCE</b>	Betty's Place - David St Albury	02 6041 4141	
	Domestic Violence Hotline	NSW: 1800656463.	
		VIC: 1800015188	

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<b>FAMILIES</b>	YES-Youth and Family Services - Adolescent Family Counselling - Macauley St Albury	02 6058 6210	<a href="http://www.yes.asn.au">www.yes.asn.au</a>
	Upper Murray Family Care, 29 Stanley St, Wodonga	02 6055 8000	
	St Vincent de Paul Society - North Albury, 1091 Mate St	02 9528 8579	
	St Vincent de Paul Society - Urana Rd Lavington	02 6025 2239	
<b>FINANCIAL COUNSELLING</b>	St David's Care Albury, 593 Olive St, Albury	02 6021 7099	<a href="http://www.albury.unitingchurch.org.au">www.albury.unitingchurch.org.au</a>
<b>FINANCIAL ASSISTANCE</b>	St Vincent de Paul Society - North Albury - Doug - make an appointment,	02 6048 9530	
<b>GAMBLING</b>	Gateway Community Health	02 6022 8888	
	Gamblers Annonymous	02 6040 2101	
	Gambeling Councelling - St Davids Care Albury NSW	02 6021 7099	
<b>GENERAL</b>	Gateway Community Health	02 6022 8888	
	St Vincent de Paul Society - North Albury, 1091 Mate St	02 9528 8579	
	St David's Care Albury, 593 Olive St, Albury	02 6021 7099	<a href="http://www.albury.unitingchurch.org.au">www.albury.unitingchurch.org.au</a>
	Upper Murray Family Care, 29 Stanley St, Wodonga	02 6055 8000	
<b>INDIGENIOUS</b>		02 6040 1200	
	Albury-Wodonga Aboriginal Health Services	Free call 1800421640	<a href="http://www.awahs.com.au">www.awahs.com.au</a>
<b>LEGAL ADVICE</b>	Hume Riverina Community Legal Serviced - Stanley St Wodonga	1800 918 377	
<b>LIFE LINE - CRISIS LINE</b>	SMS App for phones: Text4Good-lifeline crisis support chat	131114	<a href="http://lifeline.org.au">lifeline.org.au</a>
<b>MENS HELP</b>	Lifeline Albury-Wodonga - Young St Albury	02 6021 1077	<a href="http://www.lifelinealburywodonga.org.au">www.lifelinealburywodonga.org.au</a>
	Quamby Men's Shelter, Riches Lane, Albury	02 6021 7860	
<b>MENTAL HEALTH</b>	Adult Mental Health Sevice Albury	02 6058 1750	
	Child and Adolescent Mental Health, Albury	1800 800 944	
	Adult Mental Health Sevice Wodonga	02 6051 7950	
	Recovery Focused Mental Health Services Albury	02 6058 6555	
	Rural Mental Health Support Line	1800 201 123	
	Oasis Carer Support Group. For Further Inquires: Jacqui at Gateway Community Health	02 6051 7955	

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	Oasis Carer Support Group -Vickie at Carer Assist. Occasionally the Oasis Group has a social evening (dinner at a local club/hotel or attends the movies) therefore it is best to confirm the meeting oication prior to attending.	02 6021 5882 Kath
<b>PREGNANCY &amp; BIRTH</b>	Post Natal - Mercy Hopsital, 550 Poole St, Albury Wodonga Hospital, Cnr Wilson & Vermont Sts, Wodonga Pregnancy Help Line (24hrs) Woden ACT	02 6042 1400 02 6051 7111 1300 139 313
<b>SEXUAL ASSAULT</b>	Albury Sexual Assault (24 hours)	02 6058 4642 1800 806 292
<b>SUICIDE</b>	Lifeline Albury-Wodonga Albury Wodonga Regional Suicide Prevention Network	02 6021 1077 <a href="http://www.lifelinealburywodonga.org.au">www.lifelinealburywodonga.org.au</a> <a href="http://www.suicidepreventionawr.org.au">www.suicidepreventionawr.org.au</a>
<b>TRANSPORT</b>	Kalianna Enterprises, Community Managed Transport, Albury Community Managed Transport, Wodonga Patient Travel Assistance, NSW Regional Bus Service - Greater Hume/Albury	02 6041 2299 02 6056 1590 02 6058 4455 0448 353 281
<b>VETERANS</b>	Veterans Affairs NSW	02 9228 4710 <a href="http://veterans.nsw.gov.au">veterans.nsw.gov.au</a>
<b>VOLUNTEERS</b>	Volunteer Resource Beaurau, Unit 2/432 Townsend Street Albury	02 6021 0990 <a href="mailto:volunteercentre@vrb.org.au">volunteercentre@vrb.org.au</a>
<b>YOUTH</b>	YES-Youth and Family Services, 562 Macauley St, Albury Child and Adolescent Mental Health, Albury - 1800 800 944 Youth Access & Support, 14 Mint St, Wodonga Upper Murray Family Care, 29 Stanley St, Wodong Lifeline Albury-Wodonga 734 Young St Albury Gateway Community health, 155 High St, Wodonga Albury City Council Youth Development Officer, 553 Kiewa St, Albury Wodonga City Council Youth Services, 158 Lawrence St, Wodonga Albury Community Health Service, 596 Smollett St, Albury Broughton House Youth Refuge - 657 David St Albury Wodonga Youth Refuge CHSS, 14 Mint St, Wodonga. Youth at risk of homelessness to age 25.	02 6058 6200 02 6058 1750 02 6043 7400 02 6022 8000 02 6021 1077 02 6022 8888 02 6023 8295 02 6024 1244 02 6058 1800 02 6021 7046 02 6056 4346 02 6043 7400
<b>WOMEN</b>	Women's Centre Albury-Wodonga Lifeline Albury-Wodonga	02 6041 1977 <a href="http://womenscentre.org.au">womenscentre.org.au</a> 02 6021 1077